

DANCE NOTATION BUREAU de NEW YORK

>SOLOS AVAILABLE FOR STAGING Bodak, Suzanne (after François Malkovsky)

About Malkovsky's Free Dance
by Suzanne Bodak and Karin Hermes-Sunke

The choreographies notated here were created between 1920 and 1946. They were interpreted by Malkovsky or his dancers on Paris stages between the wars.

The works reflect the gravity and the joy of life. They are dances of outpouring and abandon, plenitude and emptiness. As they develop, they are colored by the palette of tensions, without ever going to extremes. The movement follows the lines of a unified body, and the dance flows smoothly, simply, self-evidently. In complete osmosis with the music, the flow of the movement is punctuated by slight accents to suspend it elastically in the instability of the imminent imbalance. It is up to performers to find the harmonies between this dance dream and bodily experience, in order to embody it and breathe new life into it.

Formal perfection is achieved through a "free body." Freedom and fluidity allow the energy to diffuse through space with presence and awareness: "Free yourselves from your bonds." In the "Free Dance" style, it is essential to find what initiates the movement, the internal flow, and the motivation behind the movement.

All the solos can be performed by either a man or a woman. The pieces are simple (except "Grande Valse Brillante" and "Slavonic Dance") but require a mature performer.

Consultancy is not required, but warmly suggested, for classroom use. Restagers and dancers are advised to read about Malkovsky's theory and background and study the basic movements before learning the choreographies.

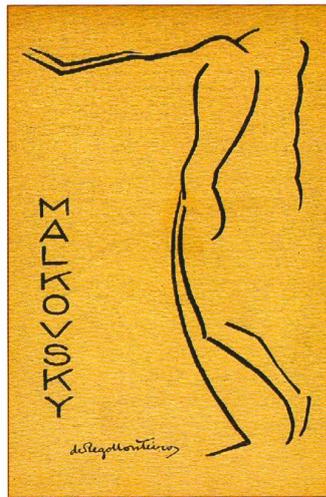
Consultancy is required before a public performance. Consultancy is possible by personal coaching, but in situations where the restaging is far abroad, we suggest sending a video to begin discussions.

Photograph provided by Suzanne Bodak



Site DNB := dancenotation.org
Staging from the score Solos to Stage
Suzanne Bodak after Malkovsky

LIVING HERITAGE



NOTATION: KARIN HERMES-SUNKE
as interpreted by Suzanne Bodak